



Richmond Mencap Calendar of Events - June 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					<ul style="list-style-type: none"> RHLT Seated Exercise 	<ul style="list-style-type: none"> Kew Village Market
<ul style="list-style-type: none"> RHLT Puzzles & Games Richmond Health Walks RISE Fusion Dance RHLT Pub Night 	<ul style="list-style-type: none"> Working Together Grp Dance+Creative Mov'nt RHLT Cover to Cover Computer Club Tuesday Group Limitless Adult Hub Gateway Club 	<ul style="list-style-type: none"> Karate RHLT DanceAct Crafty Minds Wellbeing Drop-in Men's Group Meeting Place 	<ul style="list-style-type: none"> The Job Club Yoga Something to Say Dramatize Theatre 	<ul style="list-style-type: none"> Art 4 All Friday Friendship Club Chirpy Cheeps TAG Youth Club 	<ul style="list-style-type: none"> RISE Multi Sports RISE Trampolineing RHLT Mini River Ramble 	<ul style="list-style-type: none"> Wii & Pizza Club
<ul style="list-style-type: none"> Richmond Health Walks RISE Fusion Dance RHLT Pub Night 	<ul style="list-style-type: none"> Dance+Creative Mov'nt RHLT Cover to Cover Computer Club Tuesday Group Limitless Adult Hub Gateway Club 	<ul style="list-style-type: none"> Karate RHLT DanceAct Crafty Minds Men's Group Meeting Place 	<ul style="list-style-type: none"> The Job Club Yoga Something to Say Dramatize Theatre RHLT Film Club (Matilda) 	<ul style="list-style-type: none"> Art 4 All Friday Friendship Club Chirpy Cheeps TAG Youth Club 	<ul style="list-style-type: none"> RISE Multi Sports RISE Trampolineing RHLT Evening Diner's Club (Masianello) 	
<ul style="list-style-type: none"> Carers Coffee Morning Richmond Health Walks RHLT Picture Bingo RISE Fusion Dance RHLT Pub Night 	<ul style="list-style-type: none"> Working Together Grp Dance+Creative Mov'nt RHLT Cover to Cover Computer Club Tuesday Group Limitless Adult Hub Gateway Club 	<ul style="list-style-type: none"> Karate RHLT DanceAct Crafty Minds Wellbeing Drop-in Men's Group Meeting Place 	<ul style="list-style-type: none"> The Job Club Yoga Something to Say Dramatize Theatre 	<ul style="list-style-type: none"> Art 4 All Nature Walk & Gardening Friday Friendship Club Chirpy Cheeps TAG Youth Club 	<ul style="list-style-type: none"> RISE Multi Sports Exercise and Cake Bike Across Cultures RISE Trampolineing RHLT Ramblers Club 	<ul style="list-style-type: none"> Free Sports Event
 LEARNING DISABILITY AWARENESS WEEK 						
<ul style="list-style-type: none"> Richmond Health Walks RISE Fusion Dance RHLT Pub Night 	<ul style="list-style-type: none"> Dance+Creative Mov'nt RHLT Cover to Cover Computer Club Tuesday Group Limitless Adult Hub Gateway Club 	<ul style="list-style-type: none"> Karate Postal Museum Crafty Minds Men's Group Meeting Place 	<ul style="list-style-type: none"> The Job Club Yoga Something to Say Dramatize Theatre RHLT Action Film Night 	<ul style="list-style-type: none"> Art 4 All Friday Friendship Club Chirpy Cheeps TAG Youth Club Open Mic Night 	<ul style="list-style-type: none"> RISE Multi Sports RISE Trampolineing RHLT Lunch Club 	<ul style="list-style-type: none"> Activity Station: Creative Art Workshop Spade Creative Gardening Workshop Singing Hands Concert

Please note: Some groups and activities may not run on the dates stated above. Please phone ahead if you plan to attend any of the regular events.