

# Richmond Mencap Calendar of Events - April 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<ul style="list-style-type: none"> <li>• Health Walks</li> <li>• Transitions Youth Club</li> <li>• Musical Theatre</li> <li>• RHLT Pub Night</li> </ul>						<ul style="list-style-type: none"> <li>• Kew Village Market</li> </ul>
<ul style="list-style-type: none"> <li>• Health Walks</li> <li>• Transitions Youth Club</li> <li>• Musical Theatre</li> <li>• RHLT Pub Night</li> </ul>	<ul style="list-style-type: none"> <li>• Up Cycled Arts</li> <li>• Let's Get Crafty</li> <li>• RHLT Cover to Cover</li> <li>• RISE and Swim</li> <li>• Limitless Adult Hub</li> </ul>	<ul style="list-style-type: none"> <li>• Karate</li> <li>• Crafty Minds</li> <li>• Dream Girls</li> <li>• Computer Club</li> <li>• Meeting Place</li> </ul>	<ul style="list-style-type: none"> <li>• Yoga</li> <li>• Employability - Job Club</li> <li>• Something to Say</li> <li>• Canvas &amp; Cocktails</li> </ul>	<ul style="list-style-type: none"> <li>• Friday Friendship Club</li> <li>• Cooking Club</li> <li>• Whitton All Stars</li> <li>• Chirpy Cheeps</li> <li>• Zumba Class</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Ramblers Club</li> <li>• Bowling and Dinner</li> </ul>	
<b>END OF TERM - PLEASE CHECK AHEAD IF THE ACTIVITIES ARE ON BEFORE ATTENDING</b>						
<ul style="list-style-type: none"> <li>• Health Walks</li> <li>• Kew Gardens Trip</li> <li>• Transitions Youth Club</li> <li>• Musical Theatre</li> <li>• RHLT Picture Bingo</li> <li>• RHLT Pub Night</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Scavenger Hunt</li> <li>• Working Together Grp</li> <li>• Let's Get Crafty</li> <li>• RHLT Cover to Cover</li> <li>• RISE and Swim</li> <li>• Limitless Adult Hub</li> </ul>	<ul style="list-style-type: none"> <li>• Deen City Farm</li> <li>• Crafty Minds</li> <li>• Computer Club</li> <li>• Meeting Place</li> </ul>	<ul style="list-style-type: none"> <li>• Employability - Job Club</li> <li>• Something to Say</li> <li>• RHLT Film Club (Beauty and the Beast)</li> </ul>	<ul style="list-style-type: none"> <li>• Friday Friendship Club</li> <li>• Cooking Club</li> <li>• Whitton All Stars</li> <li>• Chirpy Cheeps</li> <li>• Zumba Class</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Evening Diner's Club (Café Venice, Whitton)</li> </ul>	
<b>END OF TERM - PLEASE CHECK AHEAD IF THE ACTIVITIES ARE ON BEFORE ATTENDING</b>						
<ul style="list-style-type: none"> <li>• Health Walks</li> <li>• Transitions Youth Club</li> <li>• Musical Theatre</li> <li>• RHLT Pub Night</li> </ul>	<ul style="list-style-type: none"> <li>• Let's Get Crafty</li> <li>• RHLT Cover to Cover</li> <li>• RISE and Swim</li> <li>• Limitless Adult Hub</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Dance Act</li> <li>• Crafty Minds</li> <li>• Computer Club</li> <li>• Meeting Place</li> </ul>	<ul style="list-style-type: none"> <li>• YMCA Life Skills</li> <li>• Employability - Job Club</li> <li>• Something to Say</li> </ul>	<ul style="list-style-type: none"> <li>• Friday Friendship Club</li> <li>• Cooking Club</li> <li>• Whitton All Stars</li> <li>• Chirpy Cheeps</li> <li>• Zumba Class</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Lunch Club</li> </ul>	<ul style="list-style-type: none"> <li>• Dimenstions Autism Friendly Film Screening - 'Ready Player One'</li> </ul>
<ul style="list-style-type: none"> <li>• Health Walks</li> <li>• Transitions Youth Club</li> <li>• Musical Theatre</li> <li>• RHLT Pub Night</li> </ul>	<ul style="list-style-type: none"> <li>• Working Together Group</li> <li>• Let's Get Crafty</li> <li>• YMCA Self Esteem/ Body Image</li> <li>• RHLT Cover to Cover</li> <li>• RISE and Swim</li> <li>• Limitless Adult Hub</li> <li>• Gateway Club</li> </ul>	<ul style="list-style-type: none"> <li>• RHLT Dance Act</li> <li>• Crafty Minds</li> <li>• Computer Club</li> <li>• Meeting Place</li> </ul>	<ul style="list-style-type: none"> <li>• YMCA Life Skills</li> <li>• Employability - Job Club</li> <li>• Something to Say</li> <li>• RHLT Games &amp; Dinner</li> </ul>	<ul style="list-style-type: none"> <li>• Friday Friendship Club</li> <li>• Cooking Club</li> <li>• Whitton All Stars</li> <li>• Chirpy Cheeps</li> <li>• Zumba Class</li> </ul>	<ul style="list-style-type: none"> <li>• Mini River Ramble</li> <li>• Scuba Diving</li> </ul>	<ul style="list-style-type: none"> <li>• Sunday Youth Club</li> </ul>

**Please note: Some groups and activities may not run on the dates stated above. Please phone ahead if you plan to attend any of the regular events.**